

SEPTEMBER 2022

Azusa Unified School District K-12 Breakfast Menu



BREAKFAST

Monday

Additional Daily Middle School Only

- Yogurt Parfait with Granola
- Breakfast Burrito
- Breakfast Smoothie with a Benefit Bar

Tuesday

Additional Daily High School Only

- Fruit Smoothie with a Benefit Bar
- Sausage and Cheese on an English Muffin
- Breakfast Burrito
- Blueberry Muffin
- Breakfast Benefit Bars
- Oatmeal Cup

Wednesday

Thursday

Friday



6
Breakfast Sausage Pizza
Or
Cereal with String Cheese
Fresh Fruit Selection
100% Fruit Juice

7
Whole Grain Banana Bread
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection
100% Fruit Juice

1
Maple Chicken Pancake Sandwich
Or
Cereal Selection with String cheese
Fresh Fruit Selection

8
Breakfast Egg and Cheese Taco in a Bowl
Or
Cereal Selection with String cheese
Fresh Fruit Selection
100% Fruit Juice

2
Dutch Waffle with Sausage Link
Or
Oatmeal Chocolate Benefit Bar with String Cheese
Fresh Fruit Selection

9
Double Chocolate Muffin with Sausage Link
Or
Oatmeal Chocolate Benefit Bar with String Cheese
Fresh Fruit Selection
100% Fruit Juice

12
Maple Waffles with Turkey Bacon
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection
100% Fruit Juice

13
Turkey and cheese Eggstravaganza with Hash brown and Toast
Or
Cereal with String Cheese
Fresh Fruit Selection
100% Fruit Juice

14
Breakfast Yogurt Parfait with Blueberry Highbush and Granola
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection
100% Fruit Juice

15
Breakfast Egg and Turkey Sausage Tornado
Or
Cereal Selection with String cheese
Fresh Fruit Selection
100% Fruit Juice

18
Concha Pan Dulce with Sausage Link
Or
Oatmeal Chocolate Benefit Bar with String Cheese
Fresh Fruit Selection



20
Sausage and Cheese on an English Muffin
Or
Cereal with String Cheese
Fresh Fruit Selection
100% Fruit Juice

21
Maple Turkey Pancake Wraps
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection

22
Maple Chicken Pancake Sandwich
Or
Cereal Selection with String cheese
Fresh Fruit Selection

23
Dutch Waffle with Sausage Link
Or
Oatmeal Chocolate Benefit Bar with String Cheese
Fresh Fruit Selection

26
Buttermilk Pancakes with Turkey Bacon
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection
100% Fruit Juice

27
Breakfast Sausage Pizza
Or
Cereal with String Cheese
Fresh Fruit Selection
100% Fruit Juice

28
Whole Grain Banana Bread
Or
Bagel Selection with Cream Cheese
Fresh Fruit Selection
100% Fruit Juice

29
Breakfast Egg and Cheese Taco in a Bowl
Or
Cereal Selection with String cheese
Fresh Fruit Selection
100% Fruit Juice

30
Double Chocolate Muffin with Sausage Link
Or
Oatmeal Chocolate Benefit Bar with String Cheese
Fresh Fruit Selection
100% Fruit Juice

All meals are offered with non-fat chocolate or 1% white or non-fat flavored milk and 1 cup of fruit. All grains are whole grain-rich. Please visit our website at www.azusa.org for further details or call our office team at (626) 732-8057 if you need additional information. This Institution is an equal opportunity provider