



Monday

Tuesday

Wednesday

Thursday

Friday

Additional Middle School Daily Offerings
 Spicy Chicken Sandwich
 Breaded Chicken Sandwich
 Cheese burger, Hamburger
 Spicy Chicken Salad
 PB & Jelly Sandwich
 Pizza Hut Every Tuesday and Thursday



6
 Carnitas Nachos with Tortilla Chips
 Refried Beans
 Guacamole and Salsa
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

7
 Lemon Grass Chicken with Vegetable Fried Rice
 Steamed Broccoli
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

8
 Bella Rosa Pepperoni Pizza Or
 Bella Rosa Cheese Pizza
 Green House Salad
 Fresh Fruit and Vegetable Bar
Pizza Hut at Hodge, Dalton, Lee, Magnolia & Powell

9
 Macaroni and Cheese with Garlic Toast
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

12
 Chicken Tenders
 Mashed Potatoes
 Gravy and Biscuit Box Meal
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

13
 Tater Tot Beef Nachos with Chips
 Refried Beans
 Guacamole and Salsa
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

14
 Mandarin Orange Chicken with Vegetable Fried Rice
 Steamed Broccoli
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

15
 Rotini with Meat Sauce and Texas Garlic Toast
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

16
 Grilled Cheese Sandwich
 Home-Made Chicken Noodle Soup
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar



20
 Green Chile Tamale
 Refried Beans
 Guacamole and Salsa
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

21
 Teriyaki Chicken with Brown Rice
 Steamed Broccoli
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

22
 Bella Rosa Pepperoni Pizza Or
 Bella Rosa Cheese Pizza
 Green House Salad
 Fresh Fruit and Vegetable Bar
Pizza Hut at Murray, Paramount, Ellington, Valleydale & Longfellow

23
 Beef Hot Dog with Trimmings
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

26
 That Loaded Cheese Burger With Tater Tots
 Or
 Yogurt Parfait with Fresh Farm to School Strawberries
 Fruit and Vegetable Bar

27
 Beef Tacos With Onion, Cilantro
 Spanish Rice and Refried Beans
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

28
 Chicken Dumplings
 Purple Cabbage Salad
 Cookie
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

29
 Spaghetti with Meatballs and Herb Roll
 Or
 Peanut Butter & Jelly Sandwich
 Fruit and Vegetable Bar

30
 Aztec Cheese Quesadilla
 Or
 Yogurt Parfait with Fresh Fruit
 Fruit and Vegetable Bar

All meals are offered with non-fat chocolate or 1% white or non-fat flavored milk and 3/4 cup of fruit and 1/2 cup vegetable. All grains are whole grain-rich. Please visit our website www.azusa.org for further details or call our office team at (626) 732-8057 if you need additional information

This Institution is an equal opportunity provider