

AN ORANGE SO NICE THEY NAMED IT *Twice*

Cara Cara oranges are easy to love. They're seedless, sweet, and simple to peel. They have a beautiful, pink flesh, similar in color to a pink grapefruit. With high levels of Vitamin C and fiber, they pack a healthy punch. Enjoy these rosy-fleshed beauties as a juicy snack or tossed in a salad.



CITRUS *Traditions*



In the dark days of winter, **citrus fruits add a bright element to celebrations in many cultures.** A fresh orange is traditional in the toe of a **Christmas** stocking. The Jewish festival of **Sukkot** features etrog, a citron-like fruit, that represents learning and good deeds. In mid-winter, the **Lunar New Year** is welcomed with sweet mandarin oranges, symbolizing prosperity, luck, and health.

“Laughter is the sun that drives winter from the human face.”



—VICTOR HUGO



For info on The FruitGuys' Farm-to-School program, contact customer service:
 650-243-5722 • schools@fruitguys.com • fruitguysfarmtoschool.com

